

You will need to have at home:

- Betadine paint
- Fixomull/hypafix/mefix

Instructions

A top dressing will be applied over the Fixomull at the time of the surgery. This should be left dry and in place for 24 hours.

- After 24 hours remove the top dressing to expose the Fixomull.
- You can now shower and wash over the Fixomull with soap and water. You may need assistance if you cannot reach the dressing.
 - This will soften the Fixomull and it should be possible to gently peel it off the wound. If it is still stuck then application of cooking oil will further soften the dressing and allow it to come away.
- If the original Fixomull is clean, that is not blood stained, leave in place and follow steps 3 & 4.

Following removal of the Fixomull

1. When the Fixomull dressing is removed the wound should be cleaned with Betadine paint (this may sting; if excessive stinging occurs use only sterile saline) to remove any yellowish material.
2. After cleaning the wound, cut a piece of Fixomull twice the size of the wound and apply directly over the wound and leave.
3. When the wound is healed, the Fixomull will usually start to lift. After 1-3 weeks you should be able to start to gently peel away the Fixomull from the edges and trim with scissors.
4. Do not force the Fixomull off as this will strip away the new skin. When the wound is ready and healed the Fixomull will peel away easily. Make sure the peeling away is done immediately after your shower as wet Fixomull will lift more easily from the wound.

Following the first dressing change this process should only be repeated if the Fixomull becomes soaked, smelly or discharging. Usually washing the Fixomull with soap and water in the shower is sufficient to keep it clean and to allow the wound to heal undisturbed

Infection

If any signs of infection occur such as:

- Increasing redness;
- Increased pain;
- Hot to touch;
- Oozing;

Please contact the surgery as soon as possible.

If you have any queries or concerns please contact the surgery and speak with a nurse.

Mount Hawthorn : (08) 6140 1000

Bunbury: (08) 6140 1080

Document ID: PC- SD 6.13- Fixomull Wound Care	Document Approved by:	Senior Management
Reviewed Date:13/3/2013	Version: 3	First Issued: 30/07/2009
Network Location: S:\Clinical\Woundcare_Handouts	PAGE: 1 OF 1	