

## PC- SD 6.9- Pre-Surgery Checklist Minor Surgery

### How To Prepare For Your Surgery

Oxford Day Surgery has put together an important check list to help you prepare for your upcoming surgery

- You may have a normal breakfast or lunch unless instructed otherwise by your Doctor
- You may continue to take your medications as normal, however please let your Doctor or a nurse know if you take Warfarin, Aspirin, Plavix or any other blood thinners. We may require you to have a blood test a few days before your surgery
- We recommend that you make arrangements for someone to drive you home after the surgery
- You may require pain relief post surgery so please have Panadol or Panadiene available at home
- Please wash your face, body and hair with your normal soap & shampoo in the morning or night before your surgery to reduce your chance of infection and as any dressing we apply may make it more difficult to shower afterwards
- Wear comfortable, loose fitting clothing that can be unbuttoned rather than clothing which needs to be pulled over the head as you may need to change into a gown
- Make sure you don't wear make-up or jewellery on the day of surgery
- If you are a country patient / or your surgery will take longer than 30 minutes, we recommend you stay in Perth overnight. A list of accommodation can be obtained from reception
- Please advise the nurses on the day of your surgery if you require a Medical Certificate as depending on the type of surgery we may recommend you have one week off from work
- If you wish to park underneath our building please ensure that you have a parking permit on display. These can be obtained from our staff on reception

**Please contact us with any other enquires:**

**Mount Hawthorn - 08 6140 1000**

**Bunbury 08 6140 1080**

Document ID:PC- SD 6.9- Pre-Surgery Checklist – Minor Surgery	Document Approved by:	Senior Management
Reviewed Date:14.6.13	Version: 3	First Issued: 30/07/2009
Network Location: S:\Clinical\Woundcare_Handouts		PAGE: 1 OF 1